

1. Appendix 1 - Details of Sex Education Curriculum

Text in green is considered sex education

Science and Sex Education

Legally schools must teach the science curriculum.

Key Stage 1

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- Notice that animals, including humans, have offspring which grow into adults

Key Stage 2

- Describe the differences in the **life cycles of a mammal**, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals
- Describe the changes as humans develop to old age
- Learn about the changes experienced in puberty

Jigsaw scheme of work

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

The Changing Me Puzzle is all about coping positively with change and includes:

Life cycles: how babies are made; my changing body; puberty; growing from young to old /becoming a teenager; assertiveness; self-respect; safeguarding; family stereotypes; self and body image; attraction; change/accepting change; looking ahead/moving class/schools.

FS Growing up: how we have changed since we were babies.

Y1 Understanding that growing and changing is natural

Boys' and girls' bodies; correct names for body parts.

Y2 The journey from young to old

The differences between boys and girls; body parts and respecting privacy (which parts of the body are private and why this is).

Y3 Our bodies need to change inside and outside so that they can make babies when we grow up. Introduction to puberty and menstruation.

Y4 Internal and external reproductive body parts. Recap about puberty and menstruation.

Conception explained in simple terms.

Y5 Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. **Conception explained in simple biological terms.**

Y6 Puberty for boys and girls revisited including the physical and emotional changes and they affect us. **Understanding conception to the birth of a baby.**

All lessons are taught using correct terminology, child-friendly language and diagrams.